

A Community in Need

OF THE 2,900 K-5 CHILDREN IN THE MOUNT VERNON SCHOOL DISTRICT:

380

CHILDREN
REGULARLY MISS
SCHOOL

1,447

DO NOT MEET
STATE MATH
STANDARDS

1,951

CHILDREN
ARE LOW-INCOME

93

CHILDREN
ARE HOMELESS

Children of the Valley currently cares for **60 children**, but more services are needed to tend to this vulnerable demographic. With the support and financial backing of businesses and community members, COV aims to open 2-3 additional locations within the next five years. **This expansion will allow COV to extend their cornerstones of care to total of 200 children in-need.**

COV CORNERSTONES OF CARE

ACADEMIC ASSISTANCE

ENRICHMENT ACTIVITIES

SOCIAL EMOTIONAL LEARNING

Opportunities to Give



TELL ONE PERSON

Just one mention of COV to another person has the ability to create a response that catapults change and impacts the lives of many.



FOLLOW US ON FACEBOOK

Your love and support on Facebook mean the world to us. Follow us to stay up-to-date with the great things happening at COV!



SUPPORT US ON AMAZON

Amazon contributes 0.5% of eligible purchases to your charity of choice. Visit [Smile.Amazon.com](https://www.smile.amazon.com) to learn how to support COV.



JOIN US FOR DINNER

The annual COV Dinner & Art Auction is a beautiful evening of celebrating and supporting our COV children.



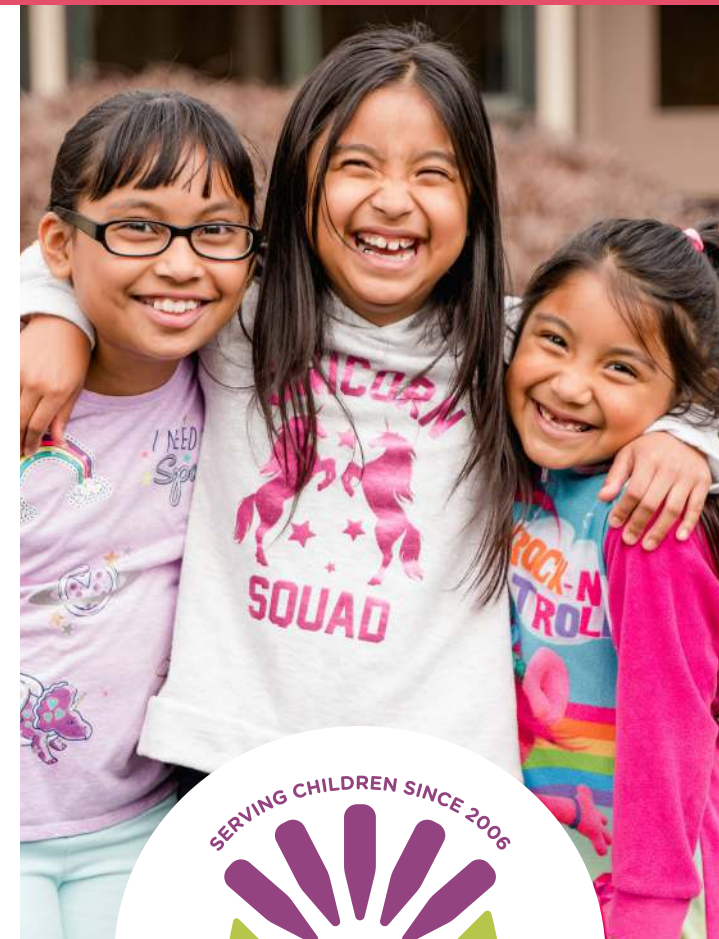
MAKE A DONATION

Your generous donation is what allows us to operate COV and provide daily snacks, classroom supplies, toiletries, books, and technology.



VOLUNTEER AT COV

The greatest gift you can give is your time. Volunteers are a much-loved asset to our organization.



**CHILDREN
OF THE VALLEY**

Providing safe, compassionate, and enriching after-school care for **at-risk, low-income** children throughout the Mount Vernon School District.



Children of the Valley
1318 South 18th Street
Mount Vernon, WA 98274
(360) 982-2399

www.ChildrenOfTheValleyMV.org

Together, we can make a difference.



Since 2006, Children of the Valley has been at the forefront of local efforts to ensure that children in need are given equal opportunity to learn, feel supported, and thrive in all aspects of their young lives.

We believe that every action taken on behalf of these children - positive word-of-mouth, donation, sponsorship, or volunteer hours - starts a ripple of change that reaches far and wide. It is our goal to positively impact the lives of the children and families we serve, creating a better future for us all.



Academic Assistance

COV instructors provide hands-on tutoring that directly correlates with where each child is in his or her unique learning journey. Through regular correspondence with each child's school teacher, we are able to tailor our efforts specific to each student's individual academic needs, helping them develop better study skills, increase knowledge of core classroom curriculum, and boost overall self-confidence while igniting excitement for learning.

- Regular communication with each child's school teacher
- Tutoring for reading and math as needed
- Daily reading support to meet Mount Vernon School District requirement
- Assistance with student homework assignments to ensure completion and comprehension

Social-Emotional Learning

A child's social-emotional well-being is one of the largest factors in his or her ability to learn. Our goal is to provide COV children with the necessary tools to understand and manage their unique, and often confusing, emotions. By using the Zones of Regulation curriculum which associates feelings with colors, COV children are taught strategies for responding appropriately to each related emotion. With these tools, the children are able to set and achieve positive behavioral goals, learn and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

- Staff and volunteers receive ongoing special training to address with the emotional needs of the children we serve.
- Instructors use a daily "check-in" system at the beginning of each day to see where each child is emotionally.
- Students have multiple opportunities to express their emotional needs and be cared for in a safe environment with empathy and compassion.



Enrichment Activities

COV strives to provide its children with a holistic, whole-circle approach to education which means opening the door to enrichment opportunities that may not be offered to them otherwise. Through an exploration of wide-ranging activities, our children gain real-world experiences and knowledge. This exposure enhances each child's appreciation for diversity and expression, while also improving fine motor skills and confidence in their decision-making abilities.

- Fun and engaging life skills such as sewing and cooking
- Inter-generational experiences with senior community
- Special activities with local student-athletes
- Various field trips throughout Skagit Valley